



Visual Dreamers

Organization against Domestic & Teen Violence!

www.visualdreams.org

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May 2009

HELLO

Dear Parents & Teens:

I want to introduce our organization to your home. We are a local organization based in Chesapeake, non-profit 501c3 and is here for Teens 12-14 years old.

We are known for our Jump Rope Club ~ Tidewater Jumpers for ages 6 & up. For three years we traveled to workshops and participated in the AAU Jr. Olympics that was held here in Hampton Roads in 2006. The club members met jumpers all over from

MD to GA. But as the youth grow up they out grew the sport. Our Jump Rope club is not active at this time due to lack of interest.

We are now focusing on our Teens 12-14 years old. We are running our "Teen Summer Evening" 5 week program starting July 6 and Ending August 8. We are still in need of 2 High school volunteers to help with the program. Program will meet Monday through Saturday 6-9pm. The participating teens will participate in Art, game night and Fun night (skate,

laser tag, and visits to plays and art shows.)

August 8, we will have a Teen end of the summer cook out. Contact us for more information.

We are also sponsoring a Bus trip on August 9 to Kings Dominion. Contact us for tickets before August 1, 2009.

Sincerely,
Larniece Williams,
Founder, President, Executive Director

SAVE OUR TEENS: ART NOT VIOLENCE

Visual Dreamers is an organization that uses Art instead of violence. We believe that youth that use art are less likely to be hanging out and getting into trouble. Art comes in many forms: sewing, drawing, crochet, woodcrafts, ceramics and more. All youth should experience these different arts.

Please help us get our structured programs into the local after school centers, by showing your support at our upcoming Annual Banquet in February. We will give more infor-

mation on Banquet will be in our September Newsletter.

Our local centers do not have daily structured programs for our teens. Which means they have nothing there to be interested versus hanging out in the street.

Did you know the level of juvenile arrest were up last summer during the months the youth were out of school? "Do you know where your Teen is After school, on the weekends and in the summer, while your at work?"

Visual Dreamers of HR

Teens needed for upcoming Event

Check in For Back to School Event: 8. 8. 09
& Bus trip to Kings Dominion 8. 9. 09
Don't miss it!

Contact Info:
376-9791 (please leave message)
email: info@visualdreams.org

****Auditions for upcoming PLAY**
MALES & FEMALES
Ages: 11-14 YEARS OLD
Must sign up by 8. 31. 09
Auditions will be in SEPTEMBER

Parent volunteers welcomed!

Join our mailing list today and keep up with our Events.

PARENTS COACHING PARENTS

Parents Coaching Parents Academy (PCPA) is a college awareness program to introduce students to the many advantages of continuing their education beyond high school and to the specific programs available at Historically Black Colleges and Universities (HBCU). The goal of this initiative is to introduce students from area schools to careers and educational opportunities available at HBCU's. The vision of (PCP) is to help adolescents by offering exposure to the academic

experience, the taking care of "college business" experience, and the recreational experience of college life.

Life Skills

In monthly workshops, the students will learn a variety of techniques for dealing with various life skills. Our focus will be on the basic skills of CHOICES, DECISIONS, and CONSEQUENCES. Topics covered will include financial responsibilities, goal setting, conflict resolution, team work,

study skills, research techniques, college survival skills, time management, stress management, self-esteem issues, etiquette, discussion skills, presentation skills, resume writing, career options, scholarship applications, financial aid applications, book discussions, portfolio development, and other topics teenagers face on a daily basis.

(contact via e-mail: pcphr@aol.com)

Contact information: Executive Director ~ info@visualdreams.org /or 757-376-9791